

Bassett Green, Mason Moor & St Mary's Signposting

Highlighted below is a list of provision that is available online and locally.

Direct links for the national provision outlined below, are available at:

www.activeme360.com/active-holiday-camps

Advice Topic Area (A-Z)	Key Organisations	Method of Provision
Benefits Advice	Citizens Advice – Hampshire and District level. There are a number of local offices – check the link for the nearest one to your scheme.	Your local Citizens advice (Southampton) Citizens Advice Southampton - Help and advice for everyone Family Information and Service Hub – Southampton Family Information Service
Childcare Provision in Southampton	Please search on FISH for local childcare providers	Childcare in Southampton Southampton Directory Childcare
Children's Services	Hampshire County Council's Children's Services Provides safeguarding and social care services, education and information on childcare.	Children (southampton.gov.uk)
Domestic Abuse	There are a number of services that you can access locally and nationally. Please search on FISH. NSPCC and others have lists of signs that can help you recognise the effects of domestic abuse on children.	Domestic abuse (southampton.gov.uk) Domestic Violence and Abuse – Southampton Safeguarding Children Partnership (southamptonscp.org.uk) How to Protect Children From Domestic Abuse NSPCC Domestic Abuse support - One Community (1community.org.uk)
Employment Advice	Jobcentre Plus Help to find work can be found on Gov.UK Find a Job – to search for current job vacancies	Southampton job centre Southampton JobCentre Plus and Jobs in Southampton (jobcentreguide.co.uk)

	<p>Job Help – provides hints and tips on applying for jobs and job search ideas.</p> <p>Kickstart offers a six month paid work placement to 16-24 year olds who are in receipt of Universal Credit. For more information young people should send a journal message from their digital account to their work coach to express an interest in the scheme,</p>	<p>https://www.gov.uk/find-a-job</p> <p>https://jobhelp.campaign.gov.uk/</p> <p>https://jobhelp.campaign.gov.uk/kickstart/</p>
Family Support Services near Southampton	Hampshire County Council's service for families with children aged 0–19 years (or up to 25 for young adults with learning difficulties and/or disabilities).	Southampton Directory Family Support and Parenting
Financial Advice and Education	<p>Citizens Advice (local)</p> <p>Money Advice Service (national)</p> <p>National Debtline (national)</p> <p>StepChange debt advice (national)</p>	<p>Your local Citizens advice (Southampton) Citizens Advice Southampton - Help and advice for everyone</p> <p>FISH – Financial problems and relationships Family Information and Services Hub (hants.gov.uk)</p>
Food poverty	<p>Food banks and pantries near Southampton</p> <p>Southampton City Mission Business Park, Unit 5 Second Ave, Millbrook, Southampton, SO15 0LP</p> <p><u>Monday</u> Food – Central Baptist Church, Devonshire Rd, SO15 2GY</p> <p><u>Tuesday</u> Food – St Mary's</p>	<p>Your local foodbanks: Southampton - Basics Banks – Southampton City Mission</p> <p>Southampton Directory SCM Basics Bank - emergency food and clothes banks</p>

	<p>Church, St Monica Road, Sholing, SO19 8ES</p> <p><u>Wednesday</u> Food – Old Chemist, Bitterne Triangle, SO18 1NP</p> <p>Clothes - Ascension Church, 1 Thorold Road, Bitterne Park, SO18 1HZ</p> <p><u>Thursday</u> Food – Shirley Baptist Church, The Carey Hall, Church Street, Shirley, SO15 5LG</p> <p><u>Friday</u> Food – Lordshill Church, Lordshill District Centre, SO16 8HY</p>	
Health (physical)	<p>Oral health – keeping teeth healthy</p> <p>School Nurse Service – provided by Southern Health NHS Trust and known as Hampshire Healthy Families. A list of School Nurse Service local contacts is attached at Appendix B.</p> <p>Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.</p>	<p>NHS dentist’s near Southampton - NHS Dentists in Southampton Taking New Patients » Find an NHS Dentist « Dental Choices</p> <p>Hampshire Healthy Families Portal</p> <p>Signposting info in Appendix A.</p>
Southampton Housing Advice	<p>The local District Council is responsible for Housing Services and there is helpful information on FISH relating to various housing services. There are also contact details for support with adapting homes for children with disabilities.</p>	<p>Housing (southampton.gov.uk)</p> <p>Housing – Advice In Southampton</p>

	<p>Housing Benefits advice - Citizens Advice. Applications for Housing Benefit are made to the local District Council.</p>	
Mental Health	<p>Community and Mental Health Service for Hampshire</p> <p>The Kooth mental health app is available for young people aged 11 and above.</p> <p>Mental Wellbeing Hampshire website for signposting</p>	<p>Mental health and wellbeing (southampton.gov.uk)</p> <p>Mental Health services :: Southern Health NHS Foundation Trust</p> <p>CAMHS (hampshirecamhs.nhs.uk)</p> <p>Kooth - Home - Kooth</p> <p>Mental Wellbeing Hampshire Health and social care Hampshire County Council (hants.gov.uk)</p>
Nutritional Information	<p>Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.</p>	<p>Home Change4Life (www.nhs.uk)</p> <p>Additional Change4Life links are below</p>
Reading and Literacy	<p>Hampshire Libraries www.hants.gov.uk/libraries</p> <p>Joining the library is free.</p> <p>Summer Reading Challenge – free activity for children 4-11. Read or listen to 6 books and win a medal and certificate</p> <p>Other Library offers include storytime and rhymetime sessions, free holiday activity events, Code Clubs, Chatterbooks groups</p> <p>Libraries have rooms that can be hired for sessions and some will be able to offer facilitated sessions for families to join the library and have a story in branch.</p>	<p>Central Southampton Library: Central library is based in the Civic Centre, Southampton, SO14 7LW</p> <p>Libraries (southampton.gov.uk)</p> <p>40 libraries across Hampshire – see website for opening times www.hants.gov.uk/library</p> <p>Kids Zone Hampshire County Council (hants.gov.uk)</p>

	<p>A useful booklist to help children understand difficult situations called 'When a book might help' this can be found at When a book might help... – Hampshire Library Service (hampshirelibraries.blog)</p> <p>Libraries also hold Reading Well collections for adults and young people on topics ranging from mental health to eating disorders and long-term health conditions.</p> <p>Library resources can be accessed digitally through the Borrow Box app and via their website Digital library Hampshire County Council (hants.gov.uk)</p>	
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