

## **Orchard Lea Signposting**

Highlighted below is a list of provision that is available online and locally.

Direct links for the national provision outlined below, are available at: <a href="http://www.activeme360.com/active-holiday-camps">www.activeme360.com/active-holiday-camps</a>

Advice	Key Organisations	Method of Provision
Topic Area		
(A-Z)		
Benefits	Citizens Advice –	Your local Citizens advice (Fareham)
Advice	Hampshire and District	Citizens Advice Fareham
	level. There are a number	(citafareham.org)
	of local offices – check the	
	link for the nearest one to your scheme.	Family Information and Service Hub
	your scheme.	– <u>Information Hub - Search</u>
		<u>Results   Family Information and</u>
Childcare	Please search on FISH for	<u>Services Hub (hants.gov.uk)</u>
Provision in	local childcare providers	Childcare and Early Years Education
Basingstoke	local childcare providers	- Search Results   Family Information and Services Hub (hants.gov.uk)
Lacingetene		and Services Hub (nams.gov.uk)
		Childminders- Childminders and
		Childminder Agencies - Search
		Results   Family Information and
		Services Hub (hants.gov.uk)
Children's	Hampshire County	Children and families   Children and
Services	Council's Children's	Families   Hampshire County Council
	Services	(hants.gov.uk)
	Drovidoo oofoquording	
	Provides safeguarding and social care services,	
	education and information	
	on childcare.	
Domestic	There are a number of	FISH - Information Hub - Search
Abuse	services that you can	Results   Family Information and
	access locally and nationally. Please search	Services Hub (hants.gov.uk)
	on FISH.	
		Domestic violence (fareham.gov.uk)
	NSPCC and others have	STOP DOMESTIC ADUSE
	lists of signs that can help	STOP DOMESTIC ABUSE
	you recognise the effects	How to Protect Children From Domestic
	of domestic abuse on children.	Abuse   NSPCC
		Domestic Abuse support - One
		Community (1community.org.uk)



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Employment Advice	Jobcentre Plus Help to find work can be found on Gov.UK <b>Find a Job</b> – to search for current job vacancies <b>Job Help –</b> provides hints and tips on applying for jobs and job search ideas. <b>Kickstart</b> offers a six month paid work placement to 16-24 year olds who are in receipt of Universal Credit. For more information young people should send a journal message from their digital account to their work coach to express an interest in the scheme,	Fareham job centre <u>Crown Buildings</u> , <u>Civic Way, Fareham PO16 7HR</u> - <u>Fareham JobCentre Plus and Jobs in</u> <u>Fareham (jobcentreguide.co.uk)</u> <u>https://www.gov.uk/find-a-job</u> <u>https://jobhelp.campaign.gov.uk/</u> <u>https://jobhelp.campaign.gov.uk/kicksta</u> <u>rt/</u>
Family Support Services near Fareham	Hampshire County Council's service for families with children aged 0–19 years (or up to 25 for young adults with learning difficulties and/or disabilities).	Family Support - Search Results   Family Information and Services Hub (hants.gov.uk)
Financial Advice and Education	Citizens Advice (local) Money Advice Service (national) National Debtline (national) StepChange debt advice (national)	Your local Citizens advice (Fareham) <u>Citizens Advice Fareham</u> (citafareham.org) FISH – <u>Financial problems and</u> <u>relationships   Family Information and</u> <u>Services Hub (hants.gov.uk)</u>
Food poverty	Food banks and pantries near Gosport <u>Fareham and Gosport</u> <u>Basics Bank</u> Aspect House, Westbury Road, Fareham, PO16 7XU	Your local foodbanks: Fareham <u>Basics Bank - Food Bank -</u> <u>Fareham, England</u> (friendsofthehomeless.org.uk) FISH - <u>Information Hub - Search</u> <u>Results   Family Information and</u> <u>Services Hub (hants.gov.uk)</u>



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Health (physical)	Oral health – keeping teeth healthy	NHS dentist's near Fareham - <u>NHS</u> <u>Dentists in Fareham Taking New</u> <u>Patients » Find an NHS Dentist «</u> <u>Dental Choices</u>
	School Nurse Service – provided by Southern Health NHS Trust and known as Hampshire Healthy Families. A list of School Nurse Service local contacts is attached at Appendix B.	Hampshire Healthy Families Portal Signposting info in Appendix A.
	Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.	
Fareham Housing Advice	The local District Council is responsible for Housing Services and there is helpful information on FISH relating to various housing services. There are also contact details for support with adapting homes for children with disabilities.	FISH - <u>Housing - Search</u> <u>Results   Family Information and</u> <u>Services Hub (hants.gov.uk)</u> <u>Housing (fareham.gov.uk)</u>
	Housing Benefits advice - Citizens Advice. Applications for Housing Benefit are made to the local District Council.	
Mental Health	Community and Mental Health Service for Hampshire The Kooth mental health	Fareham & Gosport Wellbeing Service   Mental Health and Emotional Wellbeing Recovery Service in Fareham and Gosport,
	app is available for young people aged 11 and above.	Hampshire by Solent Mind CAMHS (hampshirecamhs.nhs.uk)
	Mental Wellbeing Hampshire website for signposting	Kooth - <u>Home - Kooth</u> <u>Mental Wellbeing Hampshire   Health</u> <u>and social care   Hampshire County</u> Council (hants.gov.uk)
Nutritional Information	Change4Life resources from Public Health	Home   Change4Life (www.nhs.uk)



healthy eating and physical activity for	Additional Change4Life links are below
	Additional Change4Life links are below Your local library: Fareham Library   Hampshire County Council (hants.gov.uk) 40 libraries across Hampshire – see website for opening times www.hants.gov.uk/library Kids Zone   Hampshire County Council (hants.gov.uk)
Libraries also hold Reading Well collections for adults and young people on topics ranging from mental health to eating disorders and long- term health conditions. Library resources can be accessed digitally through the Borrow Box app and via their website <u>Digital</u> <u>library   Hampshire County</u> Council (bants goy uk)	
	healthy eating and physical activity for children. Hampshire Libraries www.hants/gov.uk/libraries Joining the library is free. Summer Reading Challenge – free activity for children 4-11. Read or listen to 6 books and win a medal and certificate Other Library offers include storytime and rhymetime sessions, free holiday activity events, Code Clubs, Chatterbooks groups Libraries have rooms that can be hired for sessions and some will be able to offer facilitated sessions for families to join the library and have a story in branch. A useful booklist to help children understand difficult situations called 'When a book might help' this can be found at <u>When</u> a book might help– Hampshire Library Service (hampshirelibraries.blog) Libraries also hold Reading Well collections for adults and young people on topics ranging from mental health to eating disorders and long- term health conditions.

