

## Winchester Signposting

Highlighted below is a list of provision that is available online and locally.

Direct links for the national provision outlined below, are available at: [www.activeme360.com/active-holiday-camps](http://www.activeme360.com/active-holiday-camps)

Advice Topic Area (A-Z)	Key Organisations	Method of Provision
Benefits Advice	Citizens Advice – Hampshire and District level. There are a number of local offices – check the link for the nearest one to your scheme.	Your local Citizens advice (Winchester) <a href="https://citizensadvicewinchester.org.uk">https://citizensadvicewinchester.org.uk</a>  Family Information and Service Hub – <a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a>
Childcare Provision in Winchester	Please search on FISH for local childcare providers	<a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=1&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=1&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a>  Childminders- <a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=1-2&amp;qt=&amp;term=Winch&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=1-2&amp;qt=&amp;term=Winch&amp;sorttype=distance&amp;familychannel=0</a>
Children's Services	Hampshire County Council's Children's Services  Provides safeguarding and social care services, education and information on childcare.	<a href="http://www.hants.gov.uk/children-and-families">Children and families   Children and Families   Hampshire County Council (hants.gov.uk)</a>

Domestic Abuse	<p>There are a number of services that you can access locally and nationally. Please search on FISH.</p> <p>NSPCC and others have lists of signs that can help you recognise the effects of domestic abuse on children.</p>	<p>FISH - <a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;q=domestic+abuse&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;q=domestic+abuse&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a></p> <p><a href="https://stopdomesticabuse.uk">https://stopdomesticabuse.uk</a></p> <p><a href="#">How to Protect Children From Domestic Abuse   NSPCC</a></p> <p><a href="#">Domestic Abuse support - One Community (1community.org.uk)</a></p>
Employment Advice	<p>Jobcentre Plus</p> <p>Help to find work can be found on Gov.UK</p> <p>Find a Job – to search for current job vacancies</p> <p>Job Help – provides hints and tips on applying for jobs and job search ideas.</p> <p>Kickstart offers a six month paid work placement to 16-24 year olds who are in receipt of Universal Credit. For more information young people should send a journal message from their digital account to their work coach to express an interest in the scheme,</p>	<p>Winchester Job Centre - City Gate 1-8 City Road, Winchester, Hampshire SO23 8GA</p> <p><a href="https://citizensadvicewinchester.org.uk/work-with-us/job-vacancies/">https://citizensadvicewinchester.org.uk/work-with-us/job-vacancies/</a></p> <p><a href="https://www.gov.uk/find-a-job">https://www.gov.uk/find-a-job</a></p> <p><a href="https://jobhelp.campaign.gov.uk/">https://jobhelp.campaign.gov.uk/</a></p> <p><a href="https://jobhelp.campaign.gov.uk/kickstart/">https://jobhelp.campaign.gov.uk/kickstart/</a></p>

Family Support Services near Winchester	Hampshire County Council's service for families with children aged 0–19 years (or up to 25 for young adults with learning difficulties and/or disabilities).	<a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=2&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=2&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a>
Financial Advice and Education	Citizens Advice (local) Money Advice Service (national) National Debtline (national) StepChange debt advice (national)	Your local Citizens advice (Winchester) <a href="https://citizensadvicewinchester.org.uk">https://citizensadvicewinchester.org.uk</a>  FISH – <a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;qt=&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a>
Food poverty	Food banks and pantries near Winchester  <u>Winchester food bank</u> 21a, Penton Place, Milland Rd, Highcliffe, Winchester SO23 0PZ	Your local foodbanks: Winchester, Winnall  <a href="https://winchesterbasicsbank.co.uk">https://winchesterbasicsbank.co.uk</a>  <a href="https://www.unit-12.org/community-food-pantry">https://www.unit-12.org/community-food-pantry</a>  FISH - <a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;qt=food+banks&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;qt=food+banks&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a>

Health (physical)	<p>Oral health – keeping teeth healthy</p> <p>School Nurse Service – provided by Southern Health NHS Trust and known as Hampshire Healthy Families.</p> <p>Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.</p>	<p>NHS dentist’s near Winchester</p> <p><a href="https://www.nhs.uk/service-search/find-a-dentist/results/Winchester?latitude=51.06176435321617&amp;longitude=-1.3110037111096735">https://www.nhs.uk/service-search/find-a-dentist/results/Winchester?latitude=51.06176435321617&amp;longitude=-1.3110037111096735</a></p> <p><a href="#">Hampshire Healthy Families Portal</a></p> <p><a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;q=school+nurse&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=0&amp;q=school+nurse&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a></p> <p><a href="https://www.nhs.uk/healthier-families/">https://www.nhs.uk/healthier-families/</a></p>
Winchester Housing Advice	<p>The local District Council is responsible for Housing Services and there is helpful information on FISH relating to various housing services. There are also contact details for support with adapting homes for children with disabilities.</p> <p>Housing Benefits advice - Citizens Advice. Applications for Housing Benefit are made to the local District Council.</p>	<p>FISH -</p> <p><a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=2-5&amp;q=Housing&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=2-5&amp;q=Housing&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a></p> <p><a href="https://www.hampshirehomechoice.org.uk">https://www.hampshirehomechoice.org.uk</a></p> <p><a href="https://www.winchester.gov.uk/housing">https://www.winchester.gov.uk/housing</a></p>

Mental Health	<p>Community and Mental Health Service for Hampshire</p> <p>The Kooth mental health app is available for young people aged 11 and above.</p> <p>Mental Wellbeing Hampshire website for signposting</p>	<p><a href="https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=2-5&amp;q=mental+health&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0">https://fish.hants.gov.uk/kb5/hampshire/directory/results.page?familychannel=2-5&amp;q=mental+health&amp;term=Winchester&amp;sorttype=distance&amp;familychannel=0</a></p> <p><a href="http://CAMHS.hampshirecamhs.nhs.uk">CAMHS (hampshirecamhs.nhs.uk)</a></p> <p>Kooth - <a href="#">Home - Kooth</a></p> <p><a href="#">Mental Wellbeing Hampshire   Health and social care   Hampshire County Council (hants.gov.uk)</a></p>
Nutritional Information	<p>Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.</p>	<p><a href="http://www.nhs.uk">Home   Change4Life (www.nhs.uk)</a></p> <p>Additional Change4Life links are below</p>

<p>Reading and Literacy</p>	<p><b>Hampshire Libraries</b>  <a href="https://www.hants.gov.uk/librariesandarchives/library/membership/jointhelibrary">https://www.hants.gov.uk/librariesandarchives/library/membership/jointhelibrary</a></p> <p>Joining the library is free.</p> <p>Other Library offers include storytime and rhymetime sessions, free holiday activity events, Code Clubs, Chatterbooks groups</p> <p>Libraries have rooms that can be hired for sessions and some will be able to offer facilitated sessions for families to join the library and have a story in branch.</p> <p>Libraries also hold Reading Well collections for adults and young people on topics ranging from mental health to eating disorders and long-term health conditions.</p> <p>Library resources can be accessed digitally through the Borrow Box app and via their website <a href="https://www.hants.gov.uk/digital-library">Digital library   Hampshire County Council (hants.gov.uk)</a></p>	<p>Your local library:  Winchester  <a href="https://www.arcwinchester.org.uk/winchester-library">https://www.arcwinchester.org.uk/winchester-library</a></p> <p>40 libraries across Hampshire – see website for opening times  <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><a href="https://www.hants.gov.uk/kidszone">Kids Zone   Hampshire County Council (hants.gov.uk)</a></p> <p>A useful booklist to help children understand difficult situations called ‘When a book might help ’this can be found at <a href="http://www.hants.gov.uk/when-a-book-might-help">When a book might help... – Hampshire Library Service (hampshirelibraries.blog)</a></p>
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